Apnea Strip

ApneaStrip™ Information for Health Care Professionals

About ApneaStrip™:

ApneaStrip™ is an FDA cleared, Class II medical device that quickly, easily and accurately screens patients for sleep apnea risk.

ApneaStrip™ is completely self contained, has a flexible body made from biocompatible material and uses medical grade adhesive to affix the device to the patient's face between the upper lip and nose.

Prescribing Instructions:

- Patients should receive a prescription for a single ApneaStrip™.
- ApneaStrip™ is currently available at Walgreens pharmacies for $29.99
- ApneaStrip™ is an out of pocket expense and is not covered by insurance.

Patient Use:

The patient should affix ApneaStrip™ to their face before going to sleep. Patients should sleep with ApneaStrip™ for a ***minimum of 3 hours***. Upon waking the patient must ***double click*** the activation button to receive the result.

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Screening Results:

A flashing **Green** light indicates low risk for sleep apnea (AHI < 15)
A flashing **Red** light indicates high risk for sleep apnea (AHI >15)
An alternating **Red**/**Green** result indicates that the screening was inconclusive, and the patient should reset ApneaStrip and repeat the screening on a separate night for conclusive result.

Patients should be instructed to contact the prescriber with the results of their screening.

Note: ApneaStrip™ may only be used for an additional screening when the patient receives an inconclusive result. Patients receiving a conclusive (red or green) result will not be able to reset and reuse the device for another screening.

Warnings & Information:

ApneaStrip™ is a screening device only and was not designed to replace a sleep study.

Patients must apply ApneaStrip™ to their face within 5 minutes of activating (turning on) the device. The device will turn off automatically if not applied shortly after activation. In such case, the patient will need to reactivate ApneaStrip™.

Patients should not use the device if suffering from a cold, upper respiratory infection, seasonal allergies or stuffy nose, as these conditions may prevent the device from producing the best result.

In the rare case of skin irritation where ApneaStrip™ has been applied, patient should report to the physician if the irritation persists.

Reliability:

Clinical study showed that ApneaStrip™ has a sensitivity of 91% and a specificity of 91% when compared to an in-lab polysomnography.